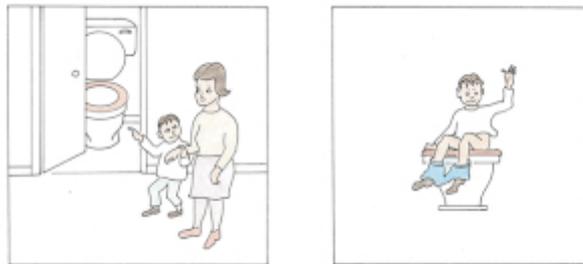
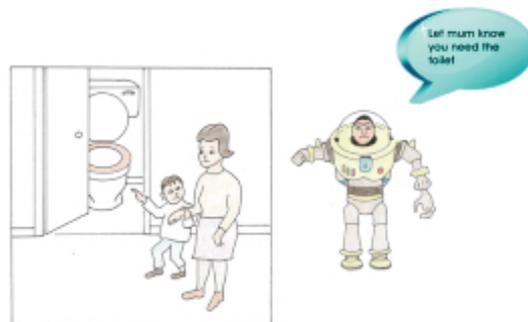


Using Visuals to facilitate toileting difficulties

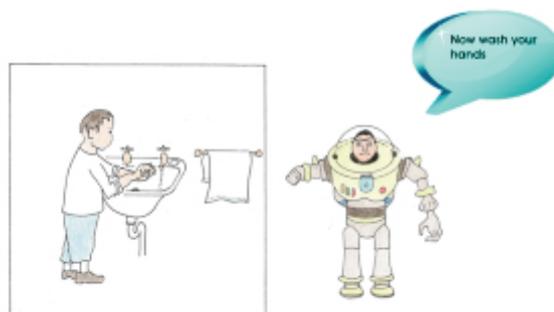
Many parents and teachers feel frustration when they have difficulty teaching children on the autistic spectrum, or with special needs to use the toilet correctly. There are many different toileting strategies and their success depends on the child and the nature of their communication difficulty. For some children a simple visual story works well. This story will break the toileting process into simple visual steps. By showing the child the story and taking them through each step, you can sometimes get the desired effect.



However, this does not work for all children. One system I have found that works for some children is to use a character of interest to the child, alongside the visual story. If the child has reading ability you can also add speech boxes. The character of interest could be a children's character such as Buzz Lightyear or Thomas the Tank Engine.



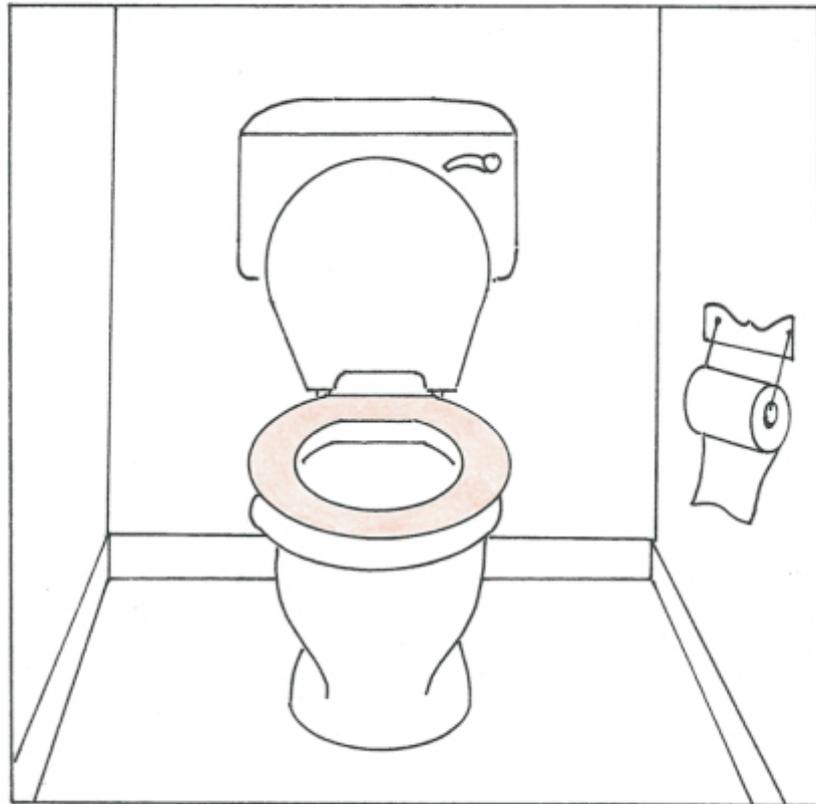
By placing a picture of the character on each page of the story and reading the story as though it is read by the character sometimes has a greater impact than reading it yourself.



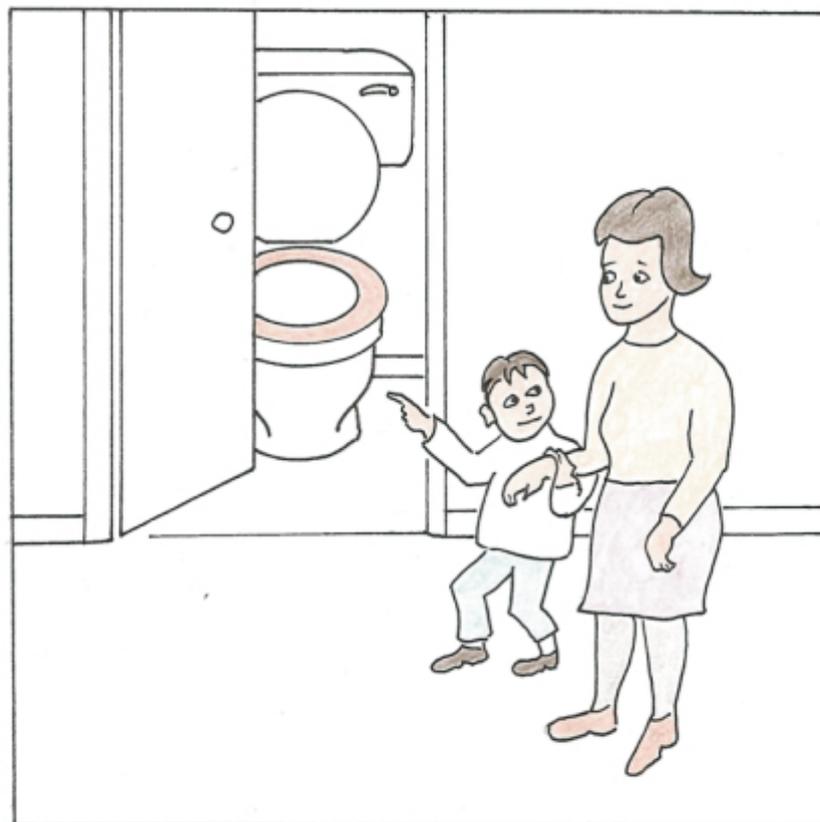
Staple, or laminate and attach the pictures below and create your own toilet story book.



The Toilet Story

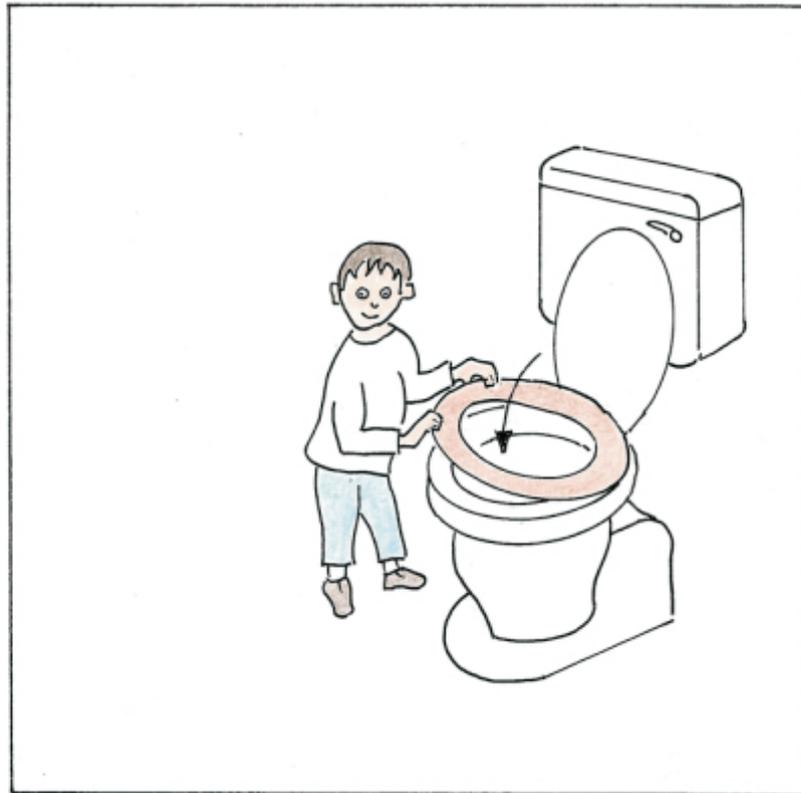


Tell mum
or teacher
when you
need the
toilet.





If you are a boy and you are going for a wee, lift the toilet seat.



Pull down your pants.





Wee in the toilet



Poo in the toilet

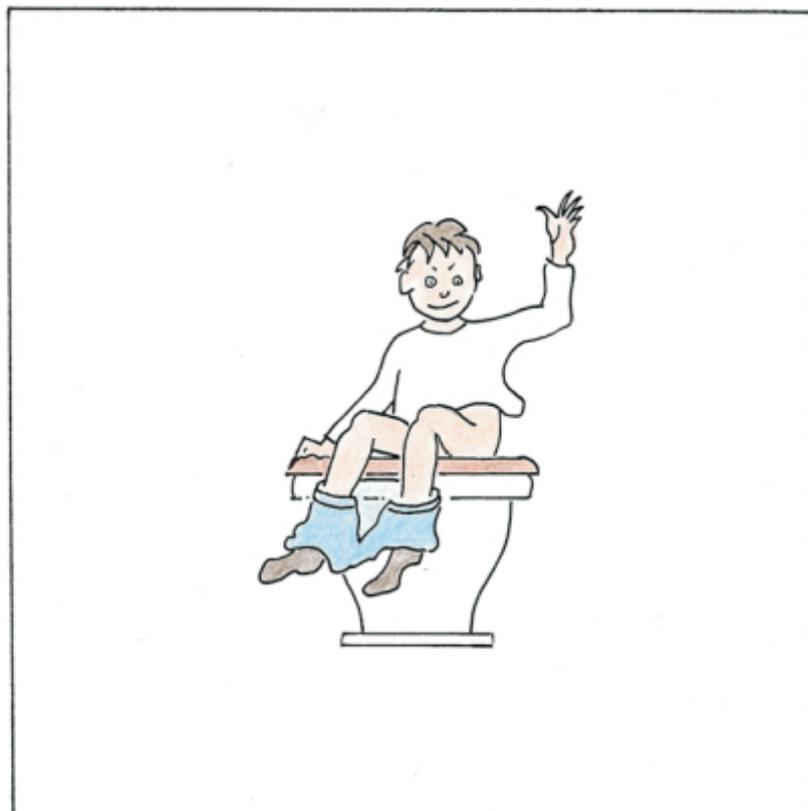




**Girls do
wees and
poos in the
toilet.**

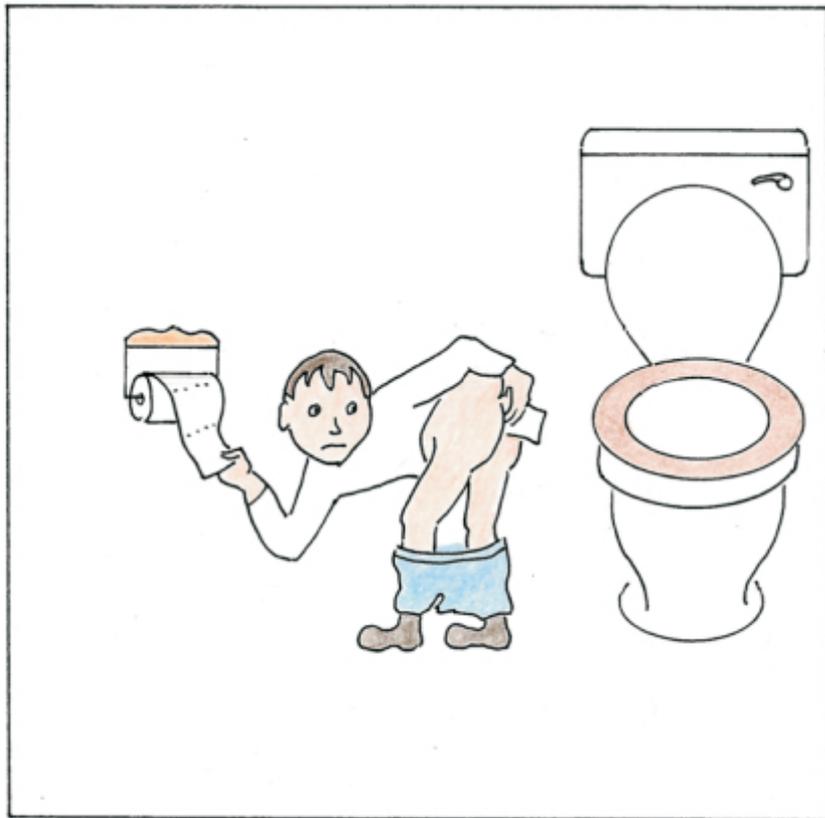


Finished

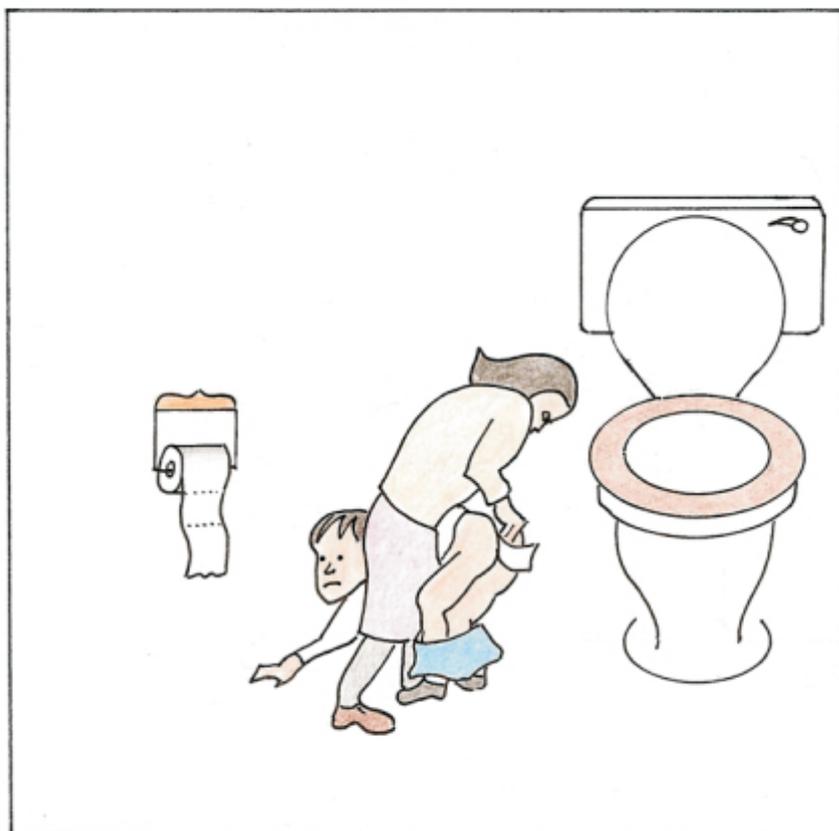




**Wipe your bum
after poos**

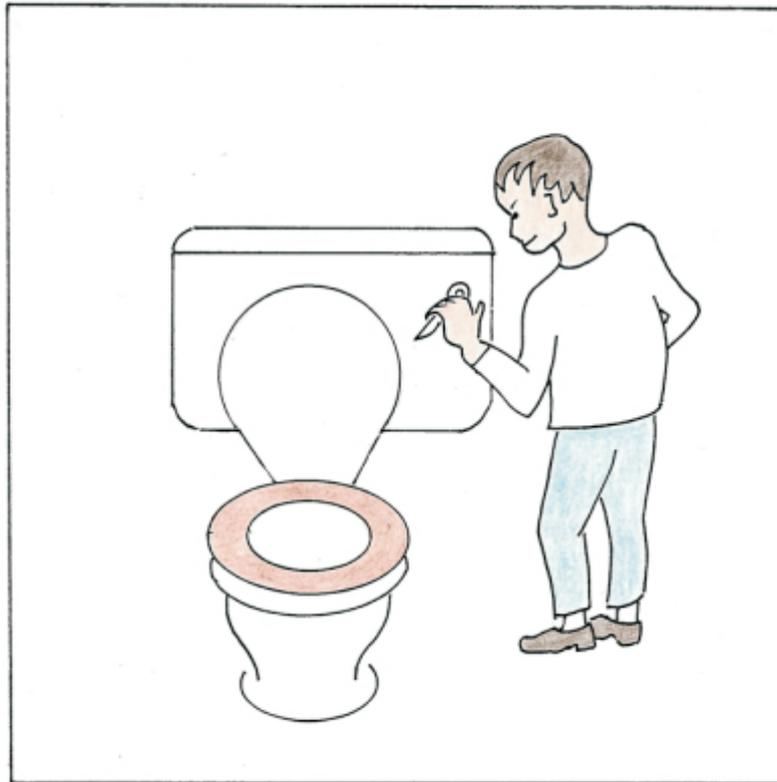


**Or ask
someone to
help you wipe
your bum**

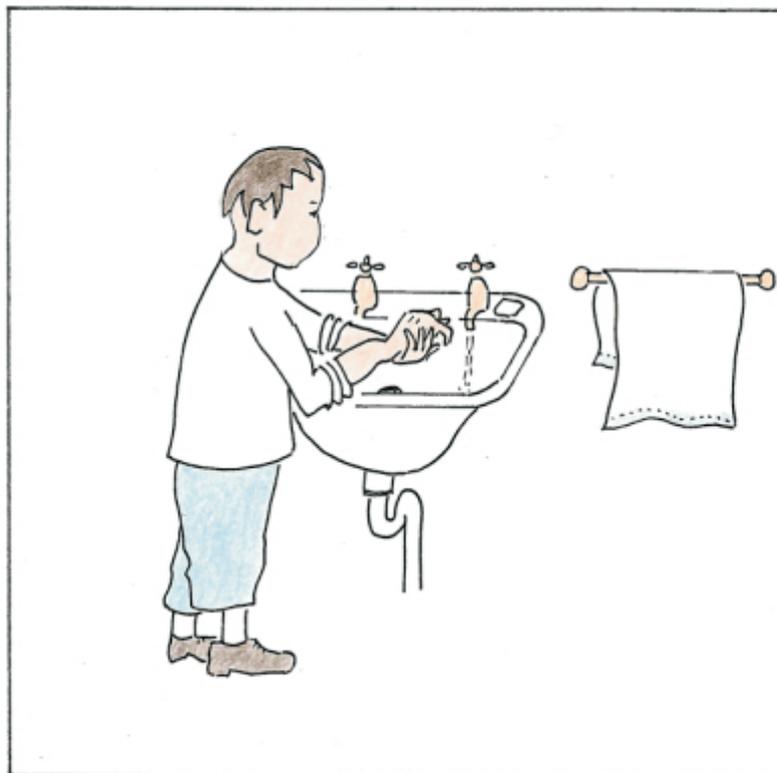




Flush the toilet when you have finished

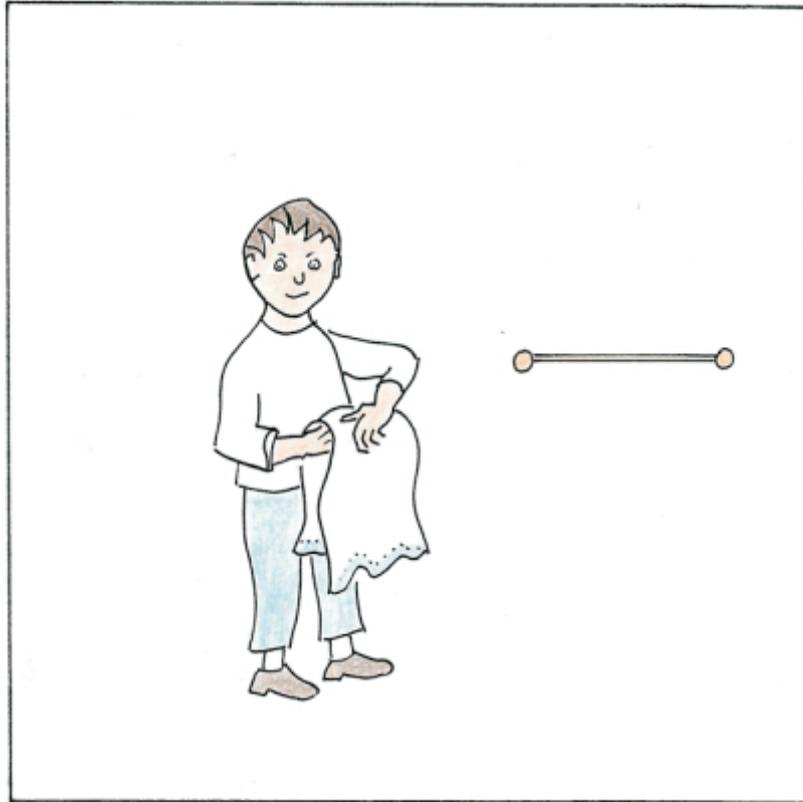


Wash your hands





**Dry your
hands**





To learn more about autism, autistic spectrum disorders and strategies to enhance communication, you can read about and purchase books on our website www.icommunicatetherapy.com. Click this link to see our online Resource Centre [Book Shop](#)

Suggested Reading:

1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders by Veronica Zysk and Ellen Notbohm

Playing, Laughing and Learning With Children on the Autism Spectrum: A Practical Resource of Play Ideas for Parents and Carers by Julia Moor

Overcoming Autism: Finding the Answers, Strategies, and Hope That Can Transform a Child's life by Lynn Kern Koegel and Claire LaZebnik

Self-Help Skills for People With Autism: A Systematic Teaching Approach by Stephen R. Anderson, Amy L. Jablonski, Vicki Madaus Knapp, and Marcus L Thomeer

Activity Schedules for Children With Autism: Teaching Independent Behavior by Lynn E., Ph.D. McClannahan and Patricia J., Ph.D. Krantz

Visual Supports for People With Autism: A Guide for Parents and Professionals by Marlene J. Cohen and Donna L. Sloan

Making Visual Supports Work in the Home and Community: Strategies for Individuals with Autism and Asperger Syndrome by Jennifer L. Savner, Brenda Smith Hyles, and Brenda Smith Myles

A Picture's Worth: PECS and Other Visual Communication Strategies in Autism (Topics in Autism) by Andy, Ph.D. Bondy and Lori Frost

Solving Behavior Problems in Autism (Visual Strategies Series) by Linda A. Hodgdon

Visual Language in Autism by Howard C. Shane and Sharon Weiss-Kapp

The New Social Story Book : Illustrated Edition by Carol Gray

My Social Stories Book by Abbie Leigh White, Carol Gray, and Sean McAndrew

The Social Skills Picture Book Teaching play, emotion, and communication to children with autism by Dr. Jed Baker

Comic Strip Conversations by Carol Gray