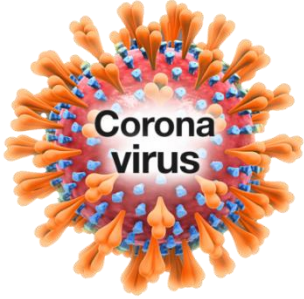








Corona Virus & Social Distancing

	<p>There is a new virus called Coronavirus or COVID-19.</p> <p>This virus can make you feel very sick.</p>
	<p>If you catch the virus, It can take almost 14 days before you may feel sick.</p>
	<p>If you have the virus, It can feel like you have a really bad cold or flu.</p>
	<p>If you get the virus, you will have to stay inside until it goes away.</p>
	<p>This is why the Government and the HSE have told us to distance ourselves from others.</p>



Corona Virus & Social Distancing

	<p>We need to stay 1-2 meters away from others.</p>
	<p>People cannot meet in big groups, because the virus could spread to other people.</p>
	<p>This is why My Day Service is closed.</p>
	<p>Big Weddings and big funerals are being cancelled.</p>
	<p>People are not visiting others.</p>



Corona Virus & Social Distancing



I may not be able to see my family and friends at the moment. This is hard.



Instead, I can make phone calls, send texts, and send emails. Staff can help me with this.



I can talk to family and friends using skype or facetime. Staff can help me with this.



I can go back to doing my normal things when this is over.



If I have questions, or I need to talk, I can talk to Staff.